

RSB Training Programme: Introduction to Facilitation

A one day introductory course on facilitation.

Who is the course aimed at?

Do you facilitate discussions in the course of your work or support others in the role of chair? Do you sometimes struggle to keep conversations on track and bring them to a successful conclusion? The programme is designed for you if you want to improve your ability to facilitate discussions in the course of your job.

What does the course cover?

Session 1: What do we mean by facilitation?

Session 2: Applying the ground rules to common facilitation challenges

Session 3: The inner game of facilitation

Session 4: Practice session

Programme Objectives

- To provide a clear definition of facilitation and a model for effective facilitation.
- To explore how this model of facilitation can be applied to address the challenges faced by programme participants in their current roles.
- To practise applying this model in a safe environment.
- To help participants identify and commit to practical action steps to build confidence and skill in facilitating

Further information

Fascinated by what it takes to be an outstanding leader, [Dorothy Nesbit](#) has conducted research into what differentiates the most effective leaders as well as working with individuals and organisations to develop their leadership capability. Her work has prompted her to study many approaches to communication both to help her clients and to develop her own effectiveness as a coach, consultant, trainer and facilitator.

Contact

For more information and to register your interest, please [contact](#) our training officer.